

# Spread the Word

**Vol. 36 No. 31**

**St Mary of the Cross**

**8 August 2021**

*The community of Our Lady of Graces acknowledges the Traditional Custodians of the land on which our parish stands.*

## **Gospel Reflection by Greg Sunter**

A "one hit wonder" from 1989 was the song by Bobby McFerrin, *Don't Worry, Be Happy*. It was a laid-back, a cappella song that still frequently appears in film and television soundtracks. In some ways, the song became the catchcry of a generation who were overwhelmed by the pace of change that was occurring in society, technology and the world in general. A glance at today's gospel may leave the reader thinking that Jesus, too, is basically saying to us, don't worry, be happy. But the message of Jesus is not as simplistic as that. Instead, he says to us, set your hearts on God's kingdom first and on following God's will for justice in the world and, then, don't worry, be happy. It is not the same throwing of one's hands into the air as the 1980's song. It is not an abandonment of responsibility. Jesus says to us, trust in God, work to bring about the kingdom in our lives and in our world and only then leave the rest to God.

This gospel passage was aptly chosen by the Church to mark the feast of St Mary of the Cross – Mary MacKillop. The teaching of Jesus, conveyed through the gospel passage, characterised much of the life and work of Mary MacKillop. Mary was a prolific writer, sending messages to her sisters in the schools and communities across Australia. We are fortunate that many of these letters have been preserved and provide an incredible insight into the attitude of Mary MacKillop. One of the quotes attributed to Mary MacKillop that captures the essence of today's gospel is, "Do all you can with the means at your disposal and calmly leave the rest to God." (1891) Surely this is a more energising and empowering motto for life than don't worry, be happy?

### **OFFICE HOURS:**

**Monday:** 8.30am - 12.30pm  
**Tuesday - Thursday:** 8.30am - 3.30pm  
**Friday:** 8.30am - 12.30pm

**Address:** 100 Mayfield Road  
Carina Qld 4152  
**Postal:** PO Box 305,  
Carina Qld 4152  
**Phone:** (07) 3398 2977  
**Email:** carina@bne.catholic.net.au  
**Website:** www.carinacatholicparish.org.au  
**Facebook:** Our Lady of Graces Catholic  
Parish, Carina

### **MASS TIMES:**

**Weekend:**  
**Saturday:** 6pm Vigil  
**Sunday:** 7am, 9am and 5.30pm  
**Italian Mass:** 10.30am

**Weekday:** 6.30am & 9am  
Monday to Friday  
8am Saturday  
& Public Holidays

### **Reconciliation:**

**Saturday:** 8.30am - 9.00am  
5.30pm - 6.00pm  
or by appointment

### **PARISH TEAM:**

**Parish Priest:** Fr Alex Vickers O.P.  
**Assistant Priest:** Fr Maurice Keating O.P.  
**Pastoral Associate:** Shelly Stone  
**Email:** sc.carina@bne.catholic.net.au  
**Parish Secretary:** Chris Larter  
**Email:** carina@bne.catholic.net.au  
**Finance Officer:** Chris Larter  
**Email:** fo.carina@bne.catholic.net.au  
**Italian Chaplain:** Fr Angelo Cagna CS  
**Phone:** 04236 48736

### **Mary MacKillop**

Mary MacKillop is not only the first Australian to be recognised by the Church as a Saint, she is truly a very Australian saint. She characterises the spirit of the Australian mythology. She was a prodigious hard worker who put the needs of others before herself. She exhibited something of the larrikin spirit: constantly in dispute with authority but pressing on, regardless. She used the strengths of others but also didn't tolerate those who were not genuine. Her commitment to the schooling of children from poor and rural communities established a model of Catholic education that continues today. A Saint for and of Australia! *St Mary of the Cross ~ Pray for us.*



## PARISH HAPPENINGS

### LOOKING AHEAD

**Subject to COVID Lockdown & Restrictions**

#### Monday 9 August

- 7.00pm Italian Prayer Group – Church
- 7.30pm Parish Finance Council – Library

#### Tuesday 10 August

- 9.30am Playgroup – Hospitality Area
- 9.30am Scripture Group – Library
- 3.30pm 1st Holy Communion Session 2 – Church
- 7.30pm Liturgy Committee – Library

#### Wednesday 11 August

- 10.30am BED Scripture Group – Library
- 6.00pm OLOG Diners – Pacific Golf Club
- 6.30pm Alpha Youth – Library & Hospitality Area

#### Thursday 12 August

- 9.30am Playgroup – Hospitality Area
- 11.00am BED Scripture Group – Library
- 6.00pm Thomas Cantley Singers – Church
- 6.30pm Legion of Mary – Library

#### Sunday 15 August

- 3.00pm 1st Holy Communion Session 2 – Church

**Let us remember in prayer all those who are sick** Regina Platt, Bahia Lazarus, Thelma Abel, Lynn Toon, Elliott Jones-Perrin, Pamela O'Reilly **and those whose anniversaries occur around this time** Pat Zemek, Harry Kirkman, Praxedes Cabonce, Elsy Joseph **and the recently deceased** Fr Dan Carroll, Kathleen Barber, Filomena Travasino, David Shiels.

### Lockdown Arrangements

During this current lockdown, please note that the Parish Office is currently closed. The best way to contact Chris and Shelly is via email.

If you require a priest in an emergency, please call 3398 2977 and select option 2. Any phone messages left on the parish office phone may not be actioned until the lockdown is over.

### The Catholic Leader

The August Edition of the Catholic Leader will be available for \$4.00 from the Parish Shop once lockdown restrictions ease.



### Sacramental Program 2021

First Holy Communion (Year 4 / 9 years old)

Family Session 2 - Preparation Sessions  
(Subject to COVID Lockdown & Restrictions easing)

- Tuesday 10 August, 3.30pm-4.30pm (Option 2)
- Sunday 15 August, 3pm-4pm (Option 3)

### Ekka Public Holiday Cancelled

Please note that the Ekka Public Holiday scheduled for Wednesday 11 August has been cancelled by the Queensland Government due to the COVID Lockdown. Therefore, if the lockdown is ended by Wednesday, Mass will be at the usual weekday times 6.30am & 9.00am. Otherwise, Mass will be celebrated online via Facebook at 8.00am.

### Alpha Youth @ Our Lady of Graces

(Subject to COVID Lockdown & Restrictions easing)

Those between 15-20 years of age are invited to come and enjoy a free dinner, fellowship, and small group discussions about life and faith. Alpha Youth offers compelling stories, images, questions, and discussion topics each week.

Day: Wednesday Nights

Time: 6.30pm (Dinner), 7pm-8.30pm (Session)

Location: Our Lady of Graces Parish Library

For more information contact either

- Vilma Simbag 0433 514 634 / [vsimbag@gmail.com](mailto:vsimbag@gmail.com)
- Joe Corbett [joecorbs13@gmail.com](mailto:joecorbs13@gmail.com)



### SUPPORT SERVICES AVAILABLE

Are you experiencing financial hardship at this time?

Contact Vinnies on 1800 846 643.

A hand up not a hand out.

Lifeline - 13 11 14

Beyond Blue - 1800 512 348

Kids Helpline - 1800 551 800

MensLine Australia - 1300 78 99 78



### Support Our Right to Palliative Care - A Message from the Archdiocese of Brisbane

The State government has introduced draft legislation for assisted suicide in Queensland. It is imperative all sectors of the community affected by this legislation but still not heard – are heard. Namely; first nations people, disabled people, palliative care providers, mental health providers, multi-faith and multicultural groups.

We believe every Queenslanders has a right to high quality palliative care. Only a tiny percentage of Queenslanders may access Euthanasia, but 100% of Queenslanders will require palliative care – and the cost of proper palliative care is small compared to the colossal State health budget.

Even the Qld Law Reform Commission's recommendations to the Government on legislation urges;  
**“Any scheme for voluntary assisted dying should complement, not detract from, the provision of high quality and accessible palliative care.”**

How you can help:

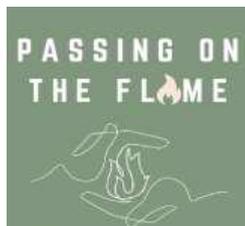
- Phone and email your local Member of Parliament and try to arrange a meeting
- Encourage friends and other community groups you are part of to do the same
- Obtain an advocacy pack with more information on the issue.  
Email [communications@bne.catholic.net.au](mailto:communications@bne.catholic.net.au) to receive one.

We have between now and the end of August to let MPs know how we feel on this issue.



### Passing on the Flame

All women of the Archdiocese of Brisbane are invited to an evening of conversation as Catholic women share their experience of church, their call to discipleship, phases of life, and challenges and their hopes for the Church of the future. The night will include a networking opportunity and a guest panel of four Catholics.



*Time:* 5:45pm – 8pm

*Date:* Thursday 19 August

*Location:* Hanly Room, Francis Rush Centre  
(249 Elizabeth Street Brisbane City)

*Cost:* \$20 (\$15 for concession)

For more information or to register, head to <https://app.tickets.org.au/eb/spiritedwomen>

### Social Justice Statement Launch

You are invited to the Brisbane Launch of the Social Justice Statement, "Cry of the Earth, Cry of the Poor". Bishop Ken Howell, Auxiliary Bishop of Brisbane, will launch the Social Justice Statement, and Dr Maeve Heaney, Lecturer in Theology at ACU Brisbane and President of the Australian Catholic Theological Association, as guest speaker at the launch, will help to unpack the theological foundations of Laudato Si' which are the focus of this year's Social Justice Statement.



*When:* Wednesday 25 August, 7pm

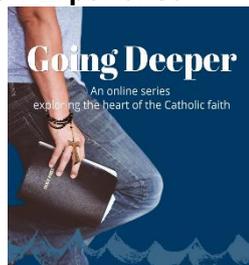
*Where:* St James Hall, 92 Kirkland Ave, Coorparoo

*Register:* <https://app.tickets.org.au/eb/sjstatement>

### Going Deeper Online Formation Experience

*Do you often wonder 'what is this all for?' but don't know where to go to find the answer?*

Enter into the wonder and mystery of God's relationship with each of us individually and collectively with the 'Going Deeper' formation experience.



Going Deeper is a ten-session online series of pre-recorded discussions about the heart of the Catholic faith. It explores different aspects of what it means to live a Catholic life.

Going Deeper includes:

- Interview-style core content delivered by Associate Director Adult Formation, Shane Dwyer and Evangelisation Brisbane Executive Director, Deacon Peter Pellicaan
- Personal faith stories from Catholics across the Archdiocese
- Access to instructors from the Evangelisation Brisbane Adult Formation Team
- Forums for discussion with other participants

Cost is \$50 for individuals / \$200 for groups.

To find out more or register for Going Deeper, visit [www.goingdeeper.org.au](http://www.goingdeeper.org.au)

### Quo Vadis Weekend - Saturday 28 August

Hosted at the Holy Spirit Seminary and designed to help young men discern their calling to the ordained ministry, Quo Vadis allows each person to experience a glimpse of a seminarian's formation at the Seminary and what it means to be a Priest of Jesus Christ. Led by the vocation Brisbane office and joined by Guest speakers, the day will incorporate sessions and workshops that touch upon the life and ministry of the priest. In addition, the participants immersed themselves in the spiritual practices of the Seminary, including Mass, praying the Divine Office, adoration of the Blessed Sacrament and time for personal private prayer. To register or further information, contact Vocation Brisbane on office on 1300 133 544 or [vocation@bne.catholic.net.au](mailto:vocation@bne.catholic.net.au)

### A Morning Prayer

*Are you in need of a retreat but don't have the time? Could you spare 3 hours?*

Spend a morning away at the tranquil Santa Teresa Spirituality Centre for a mini retreat. The retreat is about a profound engagement with God who loves you and desires to walk with you in your life. It will be facilitated with a time of input, prayer, reflection and faith sharing, and aim to provide a prayerful respite from the busyness of life.



A Morning Prayer It will be held on **Saturday 28 August from 9am-12pm for \$15 (includes morning tea)**. To register, go to the following link: <https://app.tickets.org.au/eb/prayermorningstsc4>

### Season of Creation

From September 1 to October 4, Christians around the world celebrate the Season of Creation. The theme for 2021 is "A home for all? Renewing the oikos of God", oikos is the Greek word for home or household. All are welcome to join Queensland Churches Environment Network in celebrating the start of Season of Creation for 2021, from 7pm on Wednesday 1 September.

The event will also be livestreamed at <https://brisbanecatholic.org.au/multimedia/web-cast/>

### Friendship, Prayer, Service

If you are looking to get involved in a group that provides Friendship, Prayer and Service, you may be interested in getting to know the Josephite Companions in your area. Companions are women and men who share the values and spirit of Mary MacKillop and Julian Tenison Woods. Together with the Sisters of St Joseph and Josephite Affiliates we embrace the Josephite charism as we live the Gospel in our daily lives. The Qld Josephite Companions have local groups in North and South Brisbane as well as across the state.



For more information, please contact our Queensland Office at [qld.companions@sosj.org.au](mailto:qld.companions@sosj.org.au) or Ph: 0474 947 296.

## First Reading - 1 Kings 17:7-16

And then the word of the Lord came to Elijah, 'Up and go to Zarephath, a Sidonian town, and stay there. I have ordered a widow there to give you food.' So he went off to Sidon. And when he reached the city gate, there was a widow gathering sticks. Addressing her he said, 'Please bring a little water in a vessel for me to drink.' She was setting off to bring it when he called after her. 'Please,' he said 'bring me a scrap of bread in your hand.' 'As the Lord your God lives,' she replied 'I have no baked bread, but only a handful of meal in a jar and a little oil in a jug; I am just gathering a stick or two to go and prepare this for myself and my son to eat, and then we shall die.' But Elijah said to her, 'Do not be afraid, go and do as you have said; but first make a little scone of it for me and bring it to me, and then make some for yourself and for your son. For thus the Lord speaks, the God of Israel:

"Jar of meal shall not be spent, jug of oil shall not be emptied, before the day when the Lord sends rain on the face of the earth."

The woman went and did as Elijah told her and they ate the food, she, himself and her son. The jar of meal was not spent nor the jug of oil emptied, just as the Lord had foretold through Elijah.

## Responsorial Psalm - Psalm 63:1-8

*My soul clings to you; your right hand holds me fast.*

1. O God, you are my God, for you I long;  
for you my soul is thirsting.  
My body pines for you  
like a dry, weary land without water. (R.)
2. So I gaze on you in the sanctuary  
to see your strength and your glory.  
For your love is better than life,  
my lips will speak your praise. (R.)
3. So I will bless you all my life,  
in your name I will lift up my hands.  
My soul shall be filled as with a banquet,  
my mouth shall praise you with joy. (R.)
4. On my bed I remember you.  
On you I muse through the night  
for you have been my help;  
in the shadow of your wings I rejoice. (R.)

## Second Reading - Colossians 3:12-17

You are God's chosen race, his saints; he loves you, and you should be clothed in sincere compassion, in kindness and humility, gentleness and patience. Bear with one another; forgive each other as soon as a quarrel begins. The Lord has forgiven you; now you must do the same. Over all these clothes, to keep them together and complete them, put on love. And may the peace of Christ reign in your hearts, because it is for this that you were called together as parts of one body. Always be thankful.

Let the message of Christ, in all its richness, find a home with you. Teach each other, and advise each other, in all wisdom. With gratitude in your hearts sing psalms and hymns and inspired songs to God; and never say or do anything except in the name of the Lord Jesus, giving thanks to God the Father through him.

## Gospel - Matthew 6:25-34

Jesus said to his disciples:

I am telling you not to worry about your life and what you are to eat, nor about your body and what you are to wear. Surely life is more than food, and the body more than clothing! Look at the birds in the sky. They do not sow or reap or gather into barns; yet your heavenly Father feeds them. Are you not worth much more than they are? Can any of you, however much you worry, add one single cubit to your span of life? And why worry about clothing? Think of the flowers growing in the fields; they never have to work or spin: yet I assure you that not even Solomon in all his royal robes was clothed like one of these. Now if that is how God clothes the wild flowers growing in the field which are there today and thrown into the furnace tomorrow, will he not much more look after you, you have so little faith? So do not worry; do not say, "What are we to eat? What are we to drink? What are we to wear?" It is the gentiles who set their hearts on all these things. Your heavenly Father knows you need them all. Set your hearts on his kingdom first, and on God's saving justice, and all these other things will be given you as well. So do not worry about tomorrow: tomorrow will take care of itself. Each day has enough trouble of its own.



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**22nd August 2021**

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## Sunday Readings

### St Mary of the Cross (8 August)

**First Reading:** 1 Kings 17:7-16 *The jar of meal shall not be spent according to the word of the Lord spoken through Elias.*

**Second Reading:** Colossians 3:12-17 *Bear with one another, forgive each other.*

**Gospel:** Matthew 6:25-34 *Do not worry about your life.*

### The Assumption of the Blessed Virgin Mary (15 August)

**First Reading:** Revelation 11:19; 12:1-6, 10 *I saw a woman clothed with the sun and with the moon at her feet.*

**Second Reading:** 1 Corinthians 15:20-26 *As members of Christ all people will be raised, Christ first, and after him all who belong to him.*

**Gospel:** Luke 1:39-56 *The Almighty has done great things for me; he has lifted up the lowly.*

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